

What Are You Feeling?

Are you not sure your teacher knows how you feel?

Use the example to help you write your own feeling cards to share with your teacher so they can better understand you.

Example	I am	<i>Ms. Smith</i>
	When I	<i>cry</i>
	I am feeling	<i>sad</i>
	I need	<i>a hug</i>

I am
When I
I am feeling
I need

I am
When I
I am feeling
I need

I am
When I
I am feeling
I need

Feelings Word Bank:

mad sad frustrated happy excited scared
worried loved nervous confused lonely hurt