

## Pets' Healthy Diets



### Guinea pigs

#### **Diet**

Guinea pigs need a high fibre diet due to their unusual digestive system. They need good quality hay to enable their digestion to function properly and grass-based pellets high in Vitamin C. They lack a certain enzyme, which would help store Vitamin C, so need a daily intake of this vitamin.

Vitamin C is vital to ensure proper bone growth and to boost the immune system to enable defence against germs and illness.

Guinea pigs should have daily vegetables like broccoli and kale, and some fruits, but only in small amounts. They should not have citrus fruits or too many root vegetables like carrots. They can become very ill if they have large quantities of these foods.



### Rabbits

#### **Diet**

Rabbits mainly eat good quality hay and sometimes grass. They often eat pellets which are high in vitamins and minerals. They graze at dawn and dusk and always need clean, fresh water to be continuously available.

*Rabbits have an unusual digestive system. The hay enables their digestive system to function properly. They produce droppings called caecotropus, which they then eat, ingesting the nutrients.*

Museli is dangerous and can cause serious dental problems.

### Cats



#### **Food and drink**

Cats are meat eaters. They cannot be vegetarian. They need foods which are high in protein, to help healthy growth and muscle tone, along with vitamins for healing and good eyesight. Proteins and vitamins are found in meat and fish products.

Clean fresh water must be available at all times, as cats can become very ill, very quickly, if they become dehydrated.