The Sacrament of Reconciliation (Saying Sorry To God)



Lo: - To know the sacrament of reconciliation and to learn how it renews our relationship with God. To know that the Sacrament of Reconciliation mirrors the parable of the Lost Son.

The Sacrament of Reconciliation

Task 1: Read this

Jesus told the Parable of the Lost Son to help us understand that we can receive the gift of forgiveness from God. In the Catholic Church the Sacrament of Reconciliation brings the gift of forgiveness and the grace to change. It is also called Confession. This means that we go to confession to tell God our sins, to say sorry and to promise to change our ways. The priest speaks the words of forgiveness in the name of Jesus.

The Sacrament of Reconciliation

We say sorry to God through the Sacrament of Reconciliation. It is sometimes called *Confession or Penance*. It is in this Sacrament that Christians celebrate *God's love and mercy*. It helps them to think about their lives and how they are following Jesus and it gives them the opportunity to make a new start. The Sacrament of Reconciliation

Reconciliation is known by various names: Penance, Confession, Sacrament of Forgiveness

Task 2: - Read this prayer of sorrow.

O my God because you are so good, I am very sorry that I have sinned against you and with the help of your grace I will not sin again.

Amen



Task 2: - Read this sorry prayer and then write one of your own.

Loving God, because of your love and goodness I am sorry for my sins. Help me to turn away from sin. Help me to forgive others as you forgive me. Amen.